




Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>2</b></p> <p><u>VNA Care</u> <i>Transitando el Duelo</i> 9:30am-11:00am East Conference Room</p> <p>Fontana Regional Senior Games Application Now Available!</p>	<p><b>3</b></p> <p><u>Bus Pass Distribution</u> 10:00am East Lounge Signs ups begin 8:00am First come, first served While supplies last <u>Only 100 passes available!</u></p> <p><u>Boomers Insurance</u> 10:30am-1:00pm Hallway</p>	<p><b>4</b></p> <p><u>Fontana Dentistry</u> 9:00am-11:00am Hallway</p> <p><u>Low Vision Awareness</u> 9:30am-11:30am Hallway</p> <p><u>National Cancer Prevention Day</u> Wear shades of purple</p>	<p><b>5</b></p>	<p><b>6</b></p> <p><u>Li Insurance Agency</u> 9:00am-11:00am Hallway</p>
<p><b>9</b></p> <p><u>NuGrace Family</u> 9:00am-11:00am Hallway</p>	<p><b>10</b></p> <p><u>Feeding America</u> 9:00am-11:00am Courtyard Line closes at 10:30am <u>Please bring a cart!</u> First come, first served While supplies last!</p> <p><u>Kaiser Welbe Health</u> Hallway 9:00am-11:00pm</p>	<p><b>11</b></p> <p><u>Healthy Fontana</u> 10:00am-12:00pm Hallway</p> <p><u>Scan Health Plan</u> 10:00am-12:00pm Hallway</p>	<p><b>12</b></p> <p><u>HICAP</u> 9:00am-12:00pm Resource Dept Appointment Only</p>	<p><b>13</b></p> <p><u>Meraz Insurance</u> 11:00am-1:00pm Hallway</p> <p><u>American Heart Health Awareness Day</u> Wear Red</p>
<p><b>16</b></p> <p><u>President's Day</u></p>  <p><u>Center Closed</u></p>	<p><b>17</b></p> <p><u>Boomers Insurance</u> 10:30am-1:00pm Hallway</p> <p><u>Dignity Memorial</u> 9:00am-11:00am Hallway</p>	<p><b>18</b></p> <p><u>Vitality Health Insurance</u> 9:00am-11:00am Hallway</p>	<p><b>19</b></p> <p><u>Neighborhood Healthcare</u> 9:00am-11:00am Hallway</p>	<p><b>20</b></p>
<p><b>23</b></p> <p><u>VNA Care</u> <i>Transitando el Duelo</i> 9:30am-11:00am East Conference Room</p>	<p><b>24</b></p> <p><u>Alzheimer's Association</u> 9:00am-10:30am Exec Conference Room</p> <p><u>Grid Alternatives</u> 10:00am-12:00pm Hallway</p>	<p><b>25</b></p> <p><u>West End Services</u> <i>Deep Roots, Strong Branches</i> 9:30am-11:00am Executive Conf. Room</p> <p><u>Cal State Nursing</u> 10:30am-1:00pm Hallway</p> <p><u>Optum Care Network</u> 9:00am-11:00am Hallway</p>	<p><b>26</b></p> <p><u>Inland Counties Legal Services</u> 9:00am-12:30pm Resources Dept Appointment only</p> <p><u>Legacy Memorial</u> 10:00am-12:00pm Hallway</p>	<p><b>27</b></p> <p><u>Tri-State Health Care</u> 10:00am-12:00pm Hallway</p>
			<p><b>*Please note that all presentations and services are subject to change.</b></p> <p><b>*All Presentations and Services are FREE unless otherwise indicated.</b></p> <p><b>*All services are intended for 55+.</b></p> <p><b>Exceptions may apply.</b></p>	<p><b>Bus Passes Distribution</b> Next bus pass date <b>Tuesday, March 3rd 10:00am</b> First come, first served</p> <p><b>Feeding America</b> Next food distribution: <b>Tuesday, March 10th 9:00am-11:00am</b> While supplies last</p>



# Fontana Community Senior Center



## Interested in becoming a vendor?

Please visit our website at:  
**Seniors.fontanaca.gov**—Information and Referral Services  
No soliciting allowed  
No unauthorized recording or photography allowed

### Fontana Community

#### Senior Center

16710 Ceres Ave  
Fontana, CA 92335

Main Line: (909) 854-5151

Resources Line: (909) 854-5182

### Resource Calendar

To make an appointment at the senior center

**HICAP (Health Insurance Counseling and Advocacy)**

Appointment Line: (909) 256-8369

Inland Counties Legal Services Appointment Line: (951) 248-4728

### Center Hours

**Monday - Thursday**

8:00am - 7:00pm

**Friday**

8:00am - 5:00pm

**Saturday**

8:00am - 12:00pm

### Important phone numbers

#### **Adult Protective Services**

Phone: (909) 891-9019

#### **Fontana Resources at Work**

Phone: (909) 428-3833 Ext:140

#### **County of San Bernardino Aging and Adult Services**

Main Line (909) 891-3900  
Senior Information and Assistance  
(800) 510-2020

#### **FSA Family Service Association**

Senior Nutrition: (951) 342-3057

#### **IHSS**

**(In-home supportive services)**

Phone: (909) 891-3700

#### **County of San Bernardino Community Action Partnership Programs**

Utilities Assistance (909) 723-1500  
Housing and Emergency Assistance  
(909) 723-1558

#### **Inland Caregiver Resource Center**

Phone: (800) 675-6694

#### **Meals on Wheels**

Ontario: (909) 395-2021

### Upcoming Events

#### Monday, February 2nd

**Fontana Regional  
Senior Games**

Application is now available  
Sign up at any counter.

#### Tuesday, February 10th

**Feeding America  
9:00am-11:00am**

**Courtyard**

First come, first served  
**PLEASE BRING A CART!**

#### Monday, February 16th

The center will be closed  
in observance of  
President's Day.

#### **County of San Bernardino TAD (Transitional Assistance Dept)**

Main Line: (877) 410-8829  
Cal Fresh, Medical: (909) 388-0245

#### **DMV**

Main Line: (800) 777-0133

#### **Fair Housing (Inland Empire)**

Phone: (800) 321-0911

#### **Fontana Fire Department**

*(non-emergency)*  
Phone: (909) 428-8890

#### **Fontana Housing Authority**

(909) 350-6606

#### **Fontana Police Department**

*(non-emergency)*  
Phone: (909) 350-7740

#### **Metrolink**

Main Line: (800) 371-5465

#### **Omnitrans Access ADA**

*(curb to curb reservation)*  
(909) 379-7284

#### **Omnitrans Ride**

*(UBER service)*  
(909) 379-7341

#### **Senior Community Service Employment Program**

Phone: (909) 798-8563

#### **Social Security Administration**

Main Line: (800) 772-1213

#### **San Bernardino County United Way**

Dial 2-1-1